# Elder Options... Your link to aging resources.

- · In-Home services for frail elders
- Transportation
- Meals programs
- Legal assistance
- Caregiver support
- Consumer protection



### What Can Elder Options Do for You?

One simple call will help you find the information, support or services you need. Our goal is to provide easy access to information and resources to help elders remain in their homes and communities.

### Call Elder Options for assistance with:

- Information and referral for:
- In-home services
- Community resources
- Age related conditions such as Alzheimer's Disease
- Retirement
- Long term care planning
- Geriatric Care Management
- Help with determining needs
- Private pay service options
- Help navigating the service system
- Information on nursing home and assisted living placement
- Assistance with eligibility for public programs and Medicaid
- Medicare information and counseling
- Assistance for limited-English speaking elders



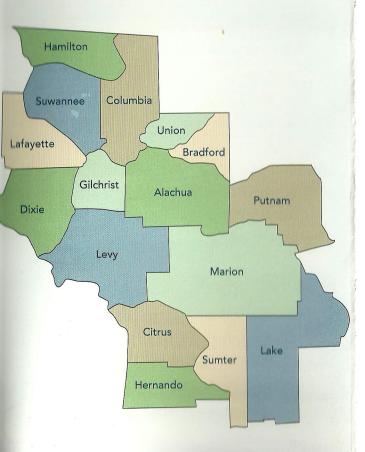
#### Who Should Call Elder Options?

- Elders
- Caregivers
- Families and friends of elders and caregivers
- Individuals concerned about an elder
- Professionals seeking aging resources

Visit our website,
www.agingresources.org
or call the Elder Helpline,
1-800-96ELDER
(1-800-963-5337)

## What is Elder Options?

Elder Options serves as the Aging Resource Center for Mid-Florida. Our mission is to empower elders, their families and caregivers to make informed choices about aging in place with dignity, purpose and security. We serve a 16-county area in Mid-Florida.





For more information call the Elder Help Line

1-800-96ELDER (963-5337)

Monday – Friday 8:00 am – 5:00 pm

If you are hearing impaired, call 711 to access the Elder Help Line through the Florida Relay Service

5700 SW 34th Street, Suite 222 Gainesville, Florida 32608

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Your link to aging resources in Mid-Florida







Also serving as the Mid-Florida Area Agency on Aging