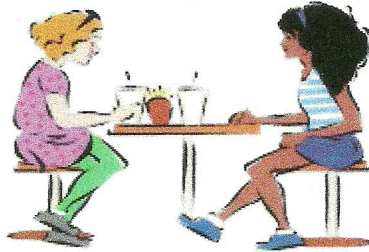


## PROGRAM

*CDS Family & Behavioral Health Services, Inc.* provides free confidential substance abuse and mental health counseling, as well as case management services to those eligible for TANF (Temporary Assistance to Needy Families) services. Eligibility guidelines are based on family income meeting 200% of the Florida Poverty Level.



Examples of issues we address include, but are not limited to:

- Parenting Issues
- Stress Management
- Time Management
- Substance Abuse
- Domestic Violence
- Mental Health Counseling
- Employment Issues

CDS can also help individuals and families get connected with other services in the community. Services are free to individuals and families whose income is below a specified level and who fall into one or more of the following categories:

- Parents or relatives caring for one or more children under 19 years of age;
- Pregnant women; or
- Non-custodial parents of a child or children under 19 years of age.

## FREE COUNSELING SERVICES

### TEMPORARY ASSISTANCE FOR NEEDY FAMILIES

(TANF)

*Call 352 - 244-0628 x  
3832*

### SUBSTANCE ABUSE AND MENTAL HEALTH

(SAMH)

*3615 SW 13th St.  
Suite 4  
Gainesville 32608*